

| DAY 1 SATURDAY 29 SEP HALL A |   |                        |
|------------------------------|---|------------------------|
|                              |   | Speakers               |
|                              | SESSION 1 - RECENT ADVANCES IN BASIC SCIENCE  |                        |
| 9:00-9:20                    | Reprograming Beta cells -Can we cure diabetes?  | Dheeraj Kapoor         |
| 9:20-9:40                    | Type 2 DM; From ominous octet via dirty dozen to sweet sixteen and still counting is on.... | Narsingh Verma         |
| 9:40-10:00                   | Mitochondria and energy metabolism in Diabetes: A new therapeutic target                    | Pankaj Agarwal         |
|                              | SESSION 2 - GAME CHANGER  |                        |
| 10:00-10:20                  | Inflammation and Diabetes- Is it the game changer   | Anuj Maheshwari        |
| 10:20-10:40                  | Monogenic Diabetes- Integrating Genetics in to clinical practice                            | Rishi Shukla           |
| 10:40-11:00                  | Type 2 Diabetes - learning ,unlearning and relearning                                       | Arvind Gupta           |
| 10 min                       | TEA BREAK   |                        |
|                              | SESSION 3 - STATE OF THE ART LECTURES   |                        |
| 11:10-11:30                  | Prediabetes: Is it rght time to start treatment?  | A H Zargar             |
| 11:30-11:50                  | Bone health and Diabetes - Therapeutic target   | Brig. MK Garg          |
| 11:50-12:10                  | Diabetes Care - A perfect model in Indian Scenario  | A K Das                |
| 12:10-12:30                  | Diabetes,Depression and Dementia The 3Ds - Are they Interconnected?                         | Rajinder Bansal        |
| 12:30-1:00                   | Presidential Oration  | N K Soni               |
| 1:00-1:30                    | Sircar USV Oration  | K K Pareek             |
| 1:30-2:00                    | LUNCH   |                        |
|                              | SESSION 4 - TYPE 2 DM ADOLESCENT TO ADULT   |                        |
| 2:00-2:20                    | Gaps in Transitional Care in Diabetes: From Pediatrics to Adult                             | GD Ramchandani         |
| 2:20-2:40                    | Diabetes in Young - Navigate with Caution   | Meena Chhabra          |
| 2:40-3:00                    | Diabetic Dyslipidemia (Diabetes Lipidus ) in Practice: Distilling the Latest Data           | Manoj Kumar Srivastava |
|                              | SESSION 5 - CONTROVERSIES IN DIABETES   |                        |
| 3:00-3:20                    | Diabetes Reversibility - Can we tick the clock back?  | Kamlakar Tripathi      |
| 3:20-3:40                    | Metformin: When Metformin is not your first choice !  | Aravinda Jagdish       |
| 3:40-4:00                    | Brittle Diabetes  | Altamash Sheikh        |
| 10 min                       | TEA BREAK   |                        |
|                              | SESSION 6- Key note address   |                        |
| 4:10-4:30                    | Key note Address  | GS Wander              |
|                              | Session 7 - CV risk in Diabetes   |                        |
| 4:30-4:50                    | Endocrine Disruptors  | Aloke Kumar Gupta      |
| 4:50-5:10                    | Navigating the Nexus of T2D and CVD: Beyond Glucose Management                              | Subhash Chandra        |
| 5:10-5:30                    | Gastrointestinal Autonomic Dysfunction in Diabetes  | Rajesh Upadhyay        |
| 6:00-7:00                    | Convocation and Fellowship Oration  |                        |
| 7:00-8:00                    | Inauguration  |                        |
| 8:00                         | GALA DINNER   |                        |

| DAY 2 SUNDAY 30 SEP HALL A |   |                    |
|----------------------------|---|--------------------|
|                            | SESSION 8 - INSULIN UPDATE  |                    |
| 9:00-9:20                  | Whats New In basal Insulin in diabetes-How to use it in your daily practice?          | Shalini Jaggii     |
| 9:20-9:40                  | Biosimilar insulin in diabetes management-How similar are they?                       | Banshi Saboo       |
| 9:40-10:00                 | Novel insulin Strategies for improving glycaemic control in primary care              | Minal Mohit        |
|                            | SESSION 9 -DIABETES DILLEMA   |                    |
| 10:00-10:20                | Clinical Care Crossroads: Navigating the Intersection of Heart Failure and Diabetes   | Rajeev Chawla      |
| 10:20-10:40                | Gut Brain and Gut Liver Axis in diabetes - Just a gut feeling or there is more to it? | JK Sharma          |
| 10:40-11:00                | Fasting Against Medical Advice (FAMA)- Cultural Beliefs and Diabetes Management       | Sunil Gupta        |
| 10 min                     | TEA BREAK   |                    |
|                            | SESSION 10 - INNOVATIONS IN INCRETIN BASED THERAPIES                                  |                    |
| 11:10-11:30                | Incretins and pleiotrophic effects  | TBD                |
| 11:30-11:50                | Adiponectin and Metabolic Syndrome – Revisiting the link                              | SV Madhu           |
| 11:50-12:10                | Synergism through combination- Drugs to be used- early or late                        | BM Makkar          |
| 12:10-12:30                | Weekly therapies in diabetes  | Rajesh Rajput      |
|                            | SESSION 11- Key note address  |                    |
| 12:30-12:50                | Key note Address  | Sidharth Shah      |
|                            | Sesion 12- State of art lectures  |                    |
| 12:50-1:10                 | Therapeutic lifestyle modification- Role of salvia seeds in diabetes                  | TBD                |
| 1:10-1:30                  | Understanding stains and diabetes   | RR Singh           |
| 1:30-2:00                  | Lunch   |                    |
|                            | SESSION 13 -BRIDGING THE GAPS IN DIABETES MANAGEMENT                                  |                    |
| 2:00-2:20                  | Sexual Health in diabetes   | Deepak Jumani      |
| 2:20-2:40                  | Obesity and Diabetes- lifestyle and Pharmacotherapy                                   | Saurabh Srivastava |
| 2:40-3:00                  | Glycosuria- Disease progression or cure?  | Amit Gupta         |
| 3:00-3:20                  | CVOT in gliptins  | Amitesh Aggarwal   |
| 3:20-4:00                  | Validictory   |                    |
| 10 min                     | HIGH TEA  |                    |

| DAY 1 SATURDAY 29 SEP HALL B |  |   |
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| 8:20-9:20                    | FREE PAPERS  | Om Kumari Gupta, Manoj Kumar Srivastava, Jalees Fatma |
|                              | SESSION 1 -Understanding Glycemic Variability- From Book to Practice           |   |
| 9:20-9:40                    | Glycaemic Variability- It's not just about A1C any more                        | Shehla Sajid Sheikh                                   |
| 9:40-10:00                   | Judicious use of real time glucose monitoring                                  | Deepak Yagnik   |
| 10:00-10:20                  | Newer therapeutic targets for Diabetes   | Prahlad Chawla  |
| 10:20-10:40                  | Targeting Glycaemic Hexad with next generation Insulin Glar U300               | S Chakravorty   |
| 10:40-11:00                  | Insulin Initiation - What evidence says  | Sachin Mittal   |
| 10 min                       | TEA BREAK  |   |
|                              | SESSION 2 -  |   |
| 11:10-11:30                  | Diabetes and Cancer  | Jalees Fatma  |
| 11:30-11:50                  | Keeping Up With Developments in NASH: Addressing Gaps in the Continuum of Care | Anupam Prakash  |
| 11:50-12:10                  | Radiology In Diabetes  | Brig. Sudhir Saxena                                   |
|                              | Debate   |   |
| 12:10-12:30                  | Artificial sweetner : used or not to be used                                   | Prabhat Agarwal                                       |
| 12:30-1:00                   | ORATIONS HALL A  |   |
| 1:00-1:30                    |  |   |
| 1:30-2:00                    | LUNCH  |   |
|                              | SESSION 3 -Diabetes Foot Symposium   |   |
| 2:00-2:20                    | Diabetic foot infections - Physician's perspective                             | Ashu Rastogi  |
| 2:20-2:40                    | What's new in diabetic foot management   | Jana Jaiprakash Sai                                   |
| 2:40-3:00                    | Differential approach to diabetic foot   | Anubha Srivastava                                     |
|                              | SESSION 4 -Complications of Diabetes Mellitus - Symposium                      |   |
| 3:00-3:20                    | Eye Disorders in Diabetes - Retinopathy and beyond..                           | Mohita Sharma   |
| 3:20-3:40                    | Practical Approach to Diabetic neuropathy and Myopathy                         | Veerendra Singh                                       |
| 3:40-4:00                    | Current concepts in management of Diabetic nephropathy                         | Varesh Nagrath  |
| 10 min                       | TEA BREAK  |   |
|                              | SESSION 5 - Reproductive issues in women with Diabetes- Symposium              |   |
| 4:10-4:30                    | Infertility in Diabetes - Are the concerns real?                               | Parul Katiyar   |
| 4:30-4:50                    | Contraception- What are prime concerns?  | Abha Gupta  |
| 4:50-5:10                    | Pre GDM and GDM - Targets, Approach and Prognosis                              | Pikee Saxena  |
| 5:10-5:30                    | Menopause - Does the Management Differs?                                       | Shweta Sahay  |

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| 8:20-9:20                  | FREE PAPERS  | Om Kumari Gupta, Manoj Kumar Srivastava, Jalees Fatma |
|                            | SESSION 6 -  |   |
| 9:20-9:40                  | Communication skills in diabetes   | Santosh Salagre                                       |
| 9:40-10:00                 | Addressing Insulin Resistance in 2018  | Sanjay Arora  |
| 10:00-10:20                | Pollution and diabetes -What are the scientific evidences  | Brij Mohan  |
| 10:20-10:40                | Syndrome Z   | Pratap Jethwani                                       |
| 10:40-11:00                | Remission of Diabetes: Does Bariatic surgery has a role?   | Soumitra Rawat  |
| 10 min                     | TEA BREAK  |   |
|                            | SESSION 7 -Technology  |   |
| 11:10-11:30                | Technology enabled diabetes management in population health- is digital India ready?               | Ashish Gautam   |
| 11:30-11:50                | Social media in diabetes management  | Hardik Chandrana                                      |
| 11:50-12:10                | Mobile applications in diabetes management   | Ashish Dengra   |
|                            | SESSION 8 -  |   |
| 12:10-12:30                | Diabetic Hepatopathy   | Neeta Deshpande                                       |
| 12:30-12:50                | Are We Overtreating Older Adult Patients With Type 2 Diabetes Mellitus?                            | Vinod Mittal  |
| 12:50-1:10                 | Lifestyle and Complementary Therapies for diabetes: How Health Professionals Can Approach Patients | Kausar Usman  |
|                            | Debate   |   |
| 1:10-1:30                  | Secretagogues or sensitizers- Which is safer in elderly?   | Meenakshi/Sohaib Ahmad                                |
| 1:30-2:00                  | Lunch  |   |
|                            | SESSION 9 -  |   |
| 2:00-2:20                  | Use of insulins in T2DM-How to overcome barriers   | J K Mokta   |
| 2:20-2:40                  | Clinical Inertia in Type 2 Diabetes Management: Can You Overcome the Problem?                      | Padma Gulati  |
| 2:40-3:00                  | Hypertension in Type 2 Diabetes -Know your Targets   | Sajid Ansari  |
| 3:00-3:20                  | Implications of newer biomarkers in type 2 DM  | Sunil Bansal  |

| DAY 2 SUNDAY 30 SEP Paramedic Education Programme |  |                |
|---|--|----------------|
|   | Paramedical Education Program                              | Speakers       |
| 10:30-10:50                                       | Diabetes - What a paramedic should Know                    | Sameer Gupta   |
| 10:50 -11:10                                      | Nutritional Advice in Diabetics                            | Kiran Soni     |
| 11:10-11:30                                       | Exercise in Diabetics - how to guide a Diabetic individual | Sandhya Gautam |
| 11:30 - 11:50                                     | Common Myths and Facts in Diabetic individual              | Bharat Arora   |
| 11:50 - 12:10                                     | Practical tips in use of insulin - syringe, pen and beyond | G P Rai        |
| 12:10 -12:30                                      | Panel Discussion   |                |

| DAY 2 SUNDAY 30 SEP Public Education Programme |   |                 |
|--|---|-----------------|
|  | Public education programme                              |                 |
| 10:30-10:50                                    | Diabetes - What to know About Disease?                  | K C Lohani      |
| 10:50 -11:10                                   | Diabetes and diet - What is the most practical approach | Nandini Rastogi |
| 11:10-11:30                                    | Diabetes and co-morbidities - what are the precautions  | P D Tripathi    |
| 11:30 - 11:50                                  | Exercise in Diabetics - why, when, how and when not?    | Neelambar Bhat  |
| 11:50 - 12:10                                  | How to manage oral drugs and insulin                    | Nanak Saran     |
| 12:10 -12:30                                   | Panel Discussion  |                 |